



International Case study - Multi-generational housing
Gea Sijpkes, CEO Nursing home Humanitas Deventer

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Students living amongst the elderly



The power of slowing down

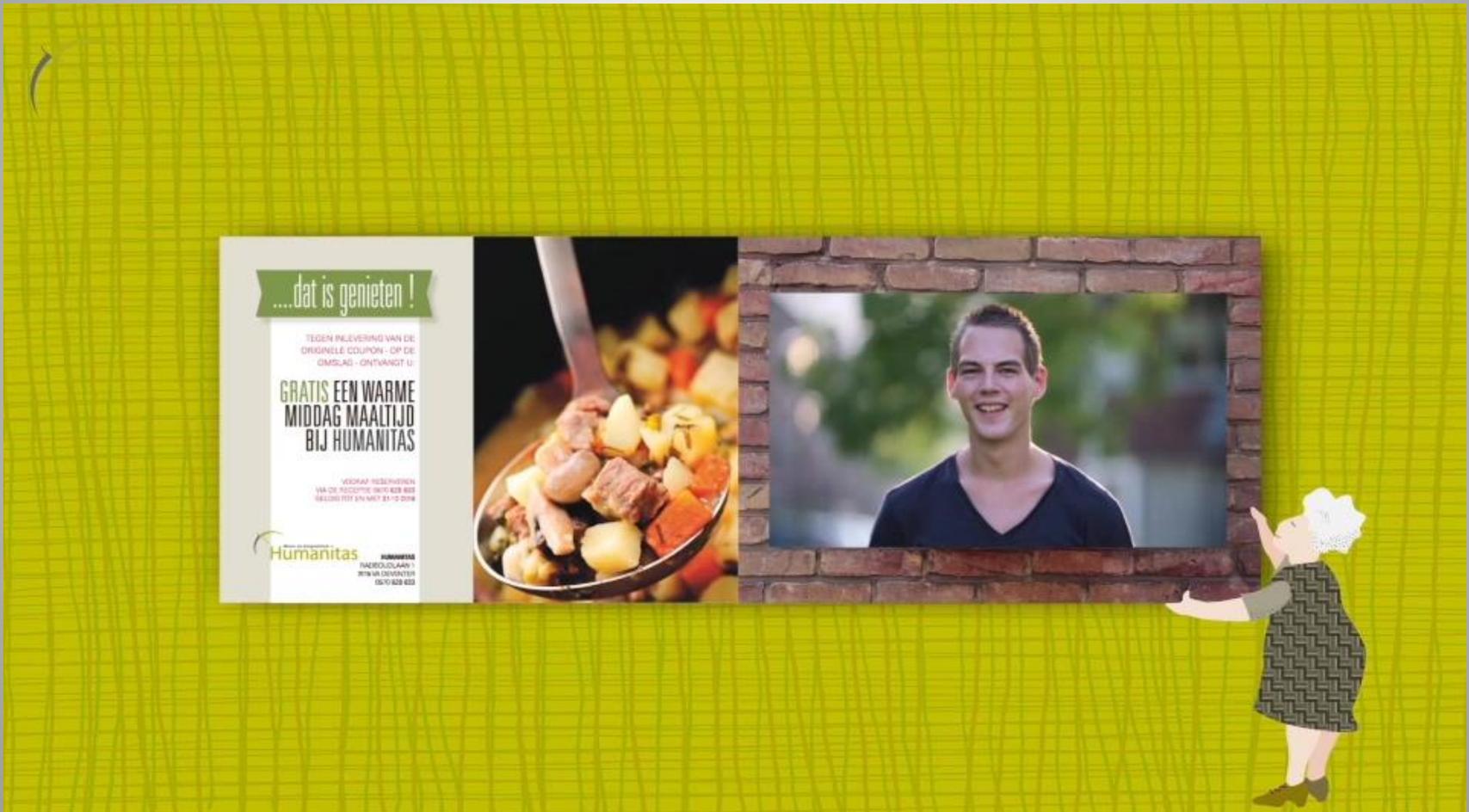


The power of slowing down



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Broadening the inclusive community



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Guiding principles

- **Start with ONE.** Start an experiment with one person. Observe closely and reflect on the results. If successful, then implement on a larger scale.
- **Dare to be different.** Diversity adds value. Use the principle reciprocity for all initiatives, one gives something and one takes something.
- **Rules should guide and not restrict.**
- **Don't Pigeonhole people.** Put the person in front. Not their request for help or their diagnosis. Focus on talents of people rather than on problems or limitations
- **Recognize the value of your elderly.** Celebrate the slow living and use the power of slowing down so your elderly will be a healing environment for those young people that need a safe haven.
- **Stop talking and take action!** And remember: it's better to ask forgiveness than for permission. Don't wait for the circumstances to be perfectly aligned. Start with an idea right now



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