

# BEAM Plus Neighbourhood: Incorporating nature in design - **Biophilia** *Its principles and applications*

Tuesday, 8 August 2017

7 : 00 pm - 9 : 30 pm

Theatre 3, 1/F, HKPC Building,  
78 Tat Chee Avenue, Kowloon  
Hong Kong



## Session 1 Making Hong Kong A Biophilic City (with reference to BEAM Plus Neighbourhood)

**Speaker** **Alexander (Sandy) M Duggie.**  
BSc(Hons), BPhil, FHKILA, RLA,  
CMLI, HKIEIA, HKIUD, BEAM Pro  
(NB, EB, ND)  
Managing Director – Urbis  
Limited

## Session 3 Mindfulness and Well-being in urban environment

**Speaker** **Maggie Lin**  
Yoga teacher, sensory experience  
curator, urbanist, inspired by  
mindfulness  
behind Maggie Lin - Yoga, Sensory  
& Wellness  
Cofounder of nose hk and The  
Pocket Parks Collective

## Session 4 Getting to know the birds in Hong Kong

**Speaker**  
**Pamela Cheung Wing Yue**  
Founder of HK Neighbourhood

## Session 2

### Urban farming: Transforming our cities, one rooftop at a time

**Speaker**  
**Pol Fàbrega**  
Co-founder of Rooftop Republic



### Programme

- 6:30 pm – 7:00 pm Registration with Refreshment
- 7:00 pm – 7:45 pm (1) Making Hong Kong A Biophilic City
- 7:45 pm – 8:15 pm (2) Urban farming: Transforming our cities, one rooftop at a time
- 8:15 pm – 8:45 pm (3) Mindfulness and Well-being in urban environment
- 8:45 pm – 9:15 pm (4) Getting to know the birds in Hong Kong
- 9:15 pm – 9:30 pm Discussion and Q&A session

**Fee** \$500 (HKGBC Members);  
\$750 (Non-HKGBC Members)

**Enquiries** 3994 8831

### Registration

Deadline 8 August 2017 noon or Full Capacity

Website

<http://www.hkgbc.org.hk/eng/events/20170808-MCPD.aspx>

Check CPD Guidelines by scanning the QR code:



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